



# ALISO NIGUEL HIGH SCHOOL

## ATHLETIC CLEARANCE CHECKLIST



1. Visit [www.homecampus.com](http://www.homecampus.com) and in the upper right corner select "For Parents & Students"

2. **CREATE** an account and provide a valid email address & password. If you already have an account please log in.

*Note: It's important that you include a valid email address as email verification is required prior to registration.*

3. **SELECT** the "Start Clearance Here!" button (upper right corner) to get started.

4. **SELECT** Aliso Niguel High School, the year **2026-27**, and all the sports your athlete plans to participate in.

5. **Step #1: Student Information**  
a. **COMPLETE** all required fields.  
b. **INSURANCE**- All athletes are required to have insurance. *(If you would like to obtain insurance, please contact the athletics office for a list of resources.)*

6. Step #2: Parent/Guarding Information  
a. **COMPLETE** all required fields.  
b. Make sure all emails and phone numbers are valid.

7. **Step #3: Medical History.**  
a. **COMPLETE** all required fields:

8. **Step #4: E-Signatures**  
**\*Read and Sign All Documents**  
a. **Parent/Guardian Signature:** Sign all forms the exact way you filled in your name under Parent/Guardian Information.  
b. **Student Signature:** Sign all forms the exact way you filled in your athletes name under the student Information.

9. **Step #5: Files**

a. **Physical Form:** upload a scan/picture of physical performed within the last year.

b. **Proof of insurance:** upload a scan/picture of Insurance Card.

*Note: If you need to come back at a later time to upload documents, scroll down and select save to move onto next step.*

10. Upon **completion** of all steps the **Registration Confirmation Sheet** will pop up. You will need to print out, sign and email a scan/picture to our Clearance Coordinator Lauren Mott at [lemott@capousd.org](mailto:lemott@capousd.org)

*Note: You will also receive this in an email from Home Campus, check your spam if it does not appear in your inbox.*

### **\*\*To be cleared by the athletic office\*\***

- Complete **all** online registration steps
- Upload physical and insurance card
- Email a scan/picture of signed Registration Confirmation page to [lemott@capousd.org](mailto:lemott@capousd.org)

### **YOU WILL NOT BE CLEARED TO PARTICIPATE IN SPORTS UNTIL ALL OF THESE DOCUMENTS HAVE BEEN PROVIDED**

**-Transfer Students-** Each CIF section requires special forms when a student is transferring from one school to another. Make sure you are adhering to all of the eligibility and transfer rules.

